

MARCH 2019

St. Ann School

St. Ann Mission Statement

St. Ann School is a Christ centered community committed to educating a diverse group of learners to the Catholic way of life, which stresses openness, co-operation and service to one another.

ST. AGNES PARISH NEWS:

ALPHA:

Is an eleven-week program that features delicious food, a video on some aspect of Christianity and group discussions where all views are welcome. There is never any obligation, no follow-up if you decide not to continue, and no charge to attend. Alpha starts on Monday, February 25 at 7:30pm. For more information or to register, please contact Kim Coursolle at 628-2724 or koconnor@tbschools.ca

BAPTISM PREPARATION CLASS:

The next class for parents and godparents preparing for baptism will take place on Wednesday, March 13 at 7pm in the Children's Chapel. Please call the parish office to register.

STATIONS OF THE CROSS:

During Lent, Stations of the Cross will be prayed every Friday beginning at 11:45 am. Everyone is welcome to attend.

AMPED YOUTH GROUP:

The Amped program will now run every **Sunday** from **12:00 p.m. until 1:30 p.m.** in the Church Hall. All students in Grade 3 – 6 are welcome to attend. Students meet in the church hall immediately following the 11 am mass. Snack will be provided as well as lots of fun activities! Come join us!!

CHILDREN'S LITURGY:

Children's liturgy continues to be held every Sunday at the 11:00 a.m. mass, except the third Sunday of the month for the Family Mass. Children from JK – Grade 4 are invited to the church hall to engage in meaningful interpretations of the readings and Gospel and to participate in hands-on activities.

Safe Arrival

As you are aware we are obligated to contact you if your child is away from school and we have not heard from you. Please be reminded that if your child is going to be late or absent, you **MUST** contact the school as early as possible to let us know.

There are now 2 options to contact the school:

Call: 577-7211

Text: 807-632-9066 (text only - phone calls cannot be Answered)

URGENT REMINDER REGARDING ALLERGIES

As was mentioned in the September Newsletter, we have children in our school that have severe allergies to nut products. Nut products are life threatening to these children as they are anaphylactic. Please be reminded that nut products are not allowed to come to school with your children in their snacks and lunches. In addition, in order to maintain consistency in expectations, imitation nut products such as pea butter and/or almond butter are not allowed to be brought to school in snacks and lunches. Unfortunately, it is very hard to tell the difference between nut and nut free products by smell or appearance. When it comes to the health of students, prevention and safety come first. Thank you for your attention and cooperation in this very serious and important matter.

Due to the March break Upward Bound will only run three weeks this month.

March 5 & 7
March 19 & 21
March 26 & 28

Parent Council Meeting

Our next Parent Council Meeting will be held on Wednesday March 27, 2019 at 6:00 p.m. Everyone is welcome to attend!!

Recognition Assembly

St. Ann School will once again look to recognize a number of students in the categories of Attendance, Academics and Catholic Virtues. Our second recognition assembly will be held on the afternoon of March 22nd. Attendance and academics go hand-in-hand. Statistics show that students who miss more than 10% of school will have a decrease in academic performance. For this reason we continue to encourage students to attend regularly. Awards for both attendance and academics are given to students who either excel in these areas, or have shown significant improvement. Our Catholic Virtue award recognizes students who frequently display the Catholic Virtues on a daily basis.

Lent

We embark together on a journey through Lent. It is a time of self-discovery as we remember how Jesus went into the desert for 40 days and was tempted by the devil. During our Lenten experience, we pray more, eat less, and give to the poor to prepare ourselves for the biggest event in our Christian faith – Christ's Resurrection at Easter! But we must ready our hearts and minds, like an athlete trains for a key game or race. We need to strengthen our good habits as we remain God's sons and daughters through the waters of Baptism.

Shrove Tuesday

Our parent Council will be here on the morning of Tuesday March 5, to make pancakes for our entire school community!! Please remember that Breakfast Club will be cancelled this day. Supervision does not begin until 8:40 so please do not drop your kids off earlier on this day.

Grade 1s Celebrate 100 days of School

On Wednesday February 13th the grade 1 class celebrated 100 days of school. Each student presented a 100 piece project, counted to 100 as a class and played games that focused on 100 things. What a smart group of grade 1 students we have!!!

March is Nutrition Month!

Dietitians across Canada want to help you Unlock the Potential of Food

Walk & Talk with a Dietitian

Join a local Registered Dietitian for a tour of your neighbourhood grocery store. Ask your nutrition questions and receive practical healthy eating tips while you explore the aisles looking for tasty, convenient, nutritious, and budget-friendly foods.



Show Us Your Plate! Colouring Contest

Download the colouring contest sheet, draw a picture of a meal you enjoy and send it in for a chance to win a prize!

For more information about Nutrition Month visit www.tbdhu.com/NutritionMonth

Find us on Facebook and follow us on Twitter: @TBDHealthUnit

TBDHU.COM



MARCH 2019

Chocolate Fundraiser

Our chocolate bar fundraiser will come to an end on Monday March 18. There have been several prize winners throughout the 3 week selling period. Every student who sells a box will have their name entered into the Grand Prize draw. This year our grand prize is an Asus Chrome Book computer!! The grand prize winner will be announced on Friday March 22 at our recognition Assembly!!!

Just a reminder, those students who have not returned the money/leftover chocolates must do so as soon by Monday March 18 in order for their name to be entered into the draw.

TAKE NOTE!

Parents when visiting our school, please remember to:

- Report to the office directly when entering the school. If you need to see your child, we will bring your child to the office for you.
- drop off books at the office reception area
- Lunches can be dropped off at the office and will be delivered to your child
- Wait in the office area for your child when picking them up for appointments, lunch or the end of the day.

Your continued support of these procedures is essential in supporting the great work that teachers and students are doing in the classroom to following our school security measures.

March Break

March Break runs the week of March 11th to March 15th. Classes resume on Monday, March 18th. On behalf of the St. Ann Staff and (CSC) Parent Council, we wish everyone a safe and enjoyable spring break!!



Online Safety: Information and Tips for Parents and Guardians

Younger Children (K-6)

Do not allow any privacy online: Keep the computer in a common area where you can watch and monitor its use; not in individual bedrooms. Monitor any time spent on smartphones and tablets. Enable parental control options.

Ensure only supervised access: Find out what supervision and protection is in place where kids could use a computer without your supervision i.e, after school clubs, friend's home

Make it okay to talk to you: Let kids know that it is not their fault if they get messages that make them feel uncomfortable i.e, scared, afraid, worried or threatened. Tell them that their job is to stop playing/messaging right away and tell a responsible adult.

[From Kidshealth.org](http://Kidshealth.org)

Children and Youth

Model responsible online habits. Through our actions, we can teach children how to protect privacy, stay safe and not give into peer pressure or the latest fads or trends. When we model restraint in terms of posting personal information online or participating in viral challenges, this helps children practice restraint. Make it okay for kids to choose to say "no" to online challenges.

Learn about internet challenges, dares and games. The more informed we all are (parents, teachers and other caretakers), the easier it is to talk to kids in a calm and knowledgeable manner and work together to manage safety.

Set rules and expectations: Teach about safe online practices and set strict rules about online activity and social media participation. Tell kids to check in with you before participating in any online challenges or dares.

Check-in regularly: Ask questions about friends, school, and trends. Listen. Ask about specific games and challenges and what they think or know about them. Remember that knowing and talking about challenges and stunts is not the same as actually participating in them. Calmly educate and correct any misinformation using language they understand. Be honest and straightforward. Kids need information about dangers and risks to stay safe.

Get kids to think ahead and think critically: Dares and challenges are currently trending in youth culture Acknowledge the potential influence. Encourage taking a step back and actively help kids walk through challenges and dares to identify where things could go wrong. Encourage critical thinking.

Stay Current, Stay Informed:

[Common Sense Media](#)

[Media Smarts](#)

[Government of Canada: Get Cyber Safe](#)

[Canadian Centre for Child Protection Gaspinfo.com](#)