

TBCIA

Track and Field Meet Schedule

Note: ALL EVENT TIMES ARE APPROXIMATE.
PLEASE INFORM STUDENTS AND PARENTS.

HEATS:

Once all the heats are completed, all times are compared and the best eight times in the 100, 200, 400 and 400-metre relay will be in the finals. In all other track events, times will determine the placings of competitors.

ADDITIONAL NOTES:

1. **Relays** - all legs of the relay will be run in the same lane. Competitors must not switch lanes. After the baton has been passed, runners must stay in their lane and not obstruct another team while they are passing the baton. If you have dropped the baton, you may pick it up without interfering with another runner and continue the race.
2. **Track events take precedence over field events.** When a competitor's track event is called, he/she should move quickly to that event and return as soon as possible. It is the responsibility of the competitor to inform the field official that he/she will be going to a track event and will be returning after its completion.

TRACK EVENTS - DAY 1

9:15	100 metre dash	Midget Girls	heats
9:25	100 metre dash	Bantam Girls	heats
9:35	OPENING EXERCISES		
9:45	100 metre dash	Junior Girls	heats
10:00	100 metre dash	Jr. Varsity Girls	heats
10:05	100 metre dash	Junior Boys	heats
10:20	100 metre dash	Jr. Varsity Boys	heats
10:25	100 metre dash	Bantam Boys	heats
10:30	100 metre dash	Midget Boys	heats

10:35	800 metre run	Junior Girls	finals
10:50	800 metre run	Bantam Girls	finals
11:00	800 metre run	Midget Girls	finals
11:10	800 metre run	Junior Boys	finals
11:25	800 metre run	Bantam Boys	finals
11:35	800 metre run	Midget Boys	finals

LUNCH

11:50	200 metre dash	Junior Girls	heats
12:00	200 metre dash	Bantam Girls	heats
12:10	200 metre dash	Midget Girls	heats
12:20	200 metre dash	Midget Boys	heats
12:30	200 metre dash	Bantam Boys	heats
12:40	200 metre dash	Junior Boys	heats
12:50	150 metre dash	Jr. Varsity Girls	finals
12:55	150 metre dash	Jr. Varsity Boys	finals

1:05	400 metre run	Junior Girls	heats
1:15	400 metre run	Bantam Girls	heats
1:25	400 metre run	Midget Girls	heats
1:35	400 metre run	Midget Boys	heats
1:45	400 metre run	Bantam Boys	heats
1:55	400 metre run	Junior Boys	heats
2:05	300 metre run	Jr. Varsity Girls	finals
2:15	300 metre run	Jr. Varsity Boys	finals

TRACK EVENTS - DAY 2

9:15	1500 metre run	Midget Girls	finals
9:25	1500 metre run	Bantam Girls	finals
9:35	OPENING EXERCISES		
9:40	400 metre relay	Junior Girls	heats
9:50	400 metre relay	Junior Boys	heats
10:00	1500 metre run	Bantam Boys	
10:10	1500 metre run	Midget Boys	
10:20	1200 metre run	Junior Girls	
10:35	1200 metre run	Junior Boys	
10:50	100 metre dash	AAA	
10:55	100 metre dash	AAA	
11:00	100 metre dash	Midget Girls	finals
11:05	100 metre dash	Bantam Girls	
11:10	100 metre dash	Junior Girls	
11:15	100 metre dash	Junior Boys	
11:20	100 metre dash	Bantam Boys	
11:25	100 metre dash	Midget Boys	

LUNCH

11:50	200 metre dash	Midget Girls	finals
11:55	200 metre dash	Bantam Girls	
12:00	200 metre dash	Junior Girls	
12:05	200 metre dash	Junior Boys	
12:10	200 metre dash	Bantam Boys	
12:15	200 metre dash	Midget Boys	
12:25	400 metre run	Junior Girls	finals
12:30	400 metre run	Bantam Girls	
12:35	400 metre run	Midget Girls	
12:45	400 metre run	Junior Boys	
12:50	400 metre run	Bantam Boys	
12:55	400 metre run	Midget Boys	
1:05	400 metre relay	Junior Girls	finals
1:10	400 metre relay	Bantam Girls	
1:15	400 metre relay	Midget Girls	
1:20	400 metre relay	Junior Boys	
1:30	400 metre relay	Bantam Boys	
1:35	400 metre relay	Midget Boys	

FIELD EVENTS - DAY 1

9:30	Bantam High Jump	Boys	Girls
10:00	Junior Long Jump	Boys	Girls
10:30	Midget High Jump	Boys	Girls
11:30	Jr. Varsity Standing Jump	Boys	Girls
12:00	Junior High Jump	Boys	Girls
	Midget Long Jump	Boys	Girls
1:00	Bantam Long Jump	Boys	Girls

FIELD EVENTS - DAY 2

9:30	Midget Triple Jump		Girls
	Midget Shot Put	Boys	
9:30	Jr. Varsity Long Jump	Boys	Girls
10:00	Junior Baseball Throw		Girls
10:30	Junior Triple Jump	Boys	Girls
	Bantam Shot Put	Boys	
11:45	AAA Baseball Throw		
12:00	Junior Baseball Throw	Boys	
	Bantam Triple Jump	Boys	Girls
	Midget Shot Put		Girls
12:45	Bantam Shot Put		Girls
	Midget Triple Jump	Boys	

*** AWARD PRESENTATIONS 1:50 - 2:20**